



**LARKSPUR-  
CORTE MADERA  
SCHOOL DISTRICT**

**Staff Wellness Hour  
Wednesdays from 3:30-4:30pm  
2019-2020**

<b><i>Yoga Center of Marin</i></b>	<b><i>Neil Cummins</i></b>	<b><i>Cove</i></b>	<b><i>Hall</i></b>
<b><i>518A Tamalpais Drive Corte Madera</i></b>	<b><i>Room A11</i></b>	<b><i>Suite 1/2</i></b>	<b><i>Room 401</i></b>
<b>October 2</b>	<b>October 9</b>	<b>October 16</b>	<b>October 23</b>
<b>November 6</b>	<b>November 13</b>	<b>November 20</b>	<b>November 27 Cancelled *Thanksgiving Holiday</b>
<b>December 4</b>	<b>December 11</b>	<b>December 18</b>	<b>December 25 Cancelled *Winter Break</b>
<b>January 8</b>	<b>January 1 Cancelled *New Year's Day Holiday</b>	<b>January 15</b>	<b>January 22 &amp; January 29</b>

<b>February 5</b>	<b>February 12</b>	<b>February 19</b> <b>Cancelled</b> <b>*Mid-winter</b> <b>Break</b>	<b>February 26</b>
<b>March 4</b>	<b>March 11</b>	<b>March 18</b>	<b>March 25</b>
<b>April 1</b>	<b>April 29</b>	<b>April 15</b>	<b>April 22</b>
<b>May 6</b>	<b>May 13</b>	<b>May 20</b>	<b>May 27</b>
<b>June 3</b>			